

# FAMILYLINKS TRAINING INSTITUTE

July 2009 through September 2009



familylinks  
Strong. For life.

**250 Shady Avenue  
Pittsburgh, PA 15206**

Contact: Deborah Murphy  
dmurphy@familylinks.org  
(412) 924-0115

# OUR COMMITMENT

For thousands of people and families in our region, Familylinks is a strong connection to a life of health, hope and independence. Our services help those who are struggling with mental health issues, developmental disabilities, addictions, abuse, behavioral problems, illnesses and other disorders.

But in many ways, Familylinks is not your typical social services agency.

We recognize that often social and emotional problems are linked. And we're committed to providing the coordinated care that's critical to improving the lives of individuals and their families.

We're also uniquely qualified to help other organizations and individuals who want to improve their abilities to deliver social services. In fact, for over 15 years, we've provided exemplary training and consultation programs to support that growth.

Here you'll find a current listing of the seminars we offer, as well as our convenient training centers. We look forward to the opportunity to share our knowledge with you and your organization, in the hopes of reaching our common goal — making our communities strong. For life.

## TRAININGS AVAILABLE AT YOUR ORGANIZATION

Through both training and consultation, we assist professionals and community service agencies in developing and maintaining program effectiveness and service excellence.

Our professional staff provides program consultation to assess organizational and staff training needs. We design and deliver training and awareness programs with content that addresses the identified program and personnel needs.

All of the trainings listed in this brochure can be offered at your organization, as well as other topics related to:

- Children & Youth
- Chemical Dependency and Recovery
- Mental Health
- Management & Supervision
- Professional Development
- Abuse and Trauma

These “on-site” trainings can be customized to the specific competency needs of your staff.

Fees apply for consultation, development, and training.  
For more information, contact:

**John Amato, M.Ed.**

Director of Training/Consulting Services

(412) 924-0118

[jamato@familylinks.org](mailto:jamato@familylinks.org)



September  
National Alcohol  
& Drug Addiction  
Recovery Month  
2009

# SEPTEMBER

## NATIONAL ALCOHOL & DRUG ADDICTION RECOVERY MONTH

**TOGETHER WE LEARN  
TOGETHER WE HEAL**

The 20th annual National Alcohol and Drug Addiction Recovery Month (Recovery Month) is a commemoration that will occur this September - in cities and towns, big and small, nationwide. We celebrate and recognize the valiant efforts of people who are in recovery from substance use disorders, as well as those of their biggest supporters.

FamilyLinks joins the voices for recovery by offering the following *free Community Seminars* that Build Stronger, Healthier Communities.

### **The Facts About Gambling Addiction**

September 8, 6:00 - 8:00

### **Drama Free Relationships**

September 10, 6:00 - 8:00

### **Talking with Kids About Drugs**

September 15, 6:00 - 8:00

### **Raising Resilient Children**

September 17, 6:00 - 8:00

### **Parenting in Recovery**

September 22, 6:00 - 8:00

### **Assertiveness and Boundaries**

September 24, 6:00 - 8:00

Registrations are required.

Please email or call

Deborah Murphy

(412)924-0115

[dmurphy@familylinks.org](mailto:dmurphy@familylinks.org)

# NEW SEMINAR SERIES

## Residential Child Care Series

This comprehensive and highly interactive series provides participants with essential competencies needed to be successful in a residential setting. This four part series provides critical information in these areas:

Session 1 - July 20, 2009

### **Relationships & Connecting**

Session 2 - July 28, 2009

### **The Therapeutic Milieu**

Session 3 - August 17, 2009

### **Managing Feelings**

Session 4 - August 25, 2009

### **Knowing the Family**

For content information and learning objectives, please refer to the “Seminar Schedule” section of this brochure.

#### **Special Rate:**

**\$80 for 1 session**

**\$150 for 2 sessions**

**\$220 for 3 sessions**

**\$290 for all 4 sessions**

# QUICKGUIDE

#	DAY	DATE	TIME	TOPIC	LOCATION
1	F	July 10	9:00 am – 4:30 pm	Ethical Leadership	Familylinks
2	T	July 14	9:00 am – 4:30 pm	Developing and Sustaining Dynamic Communication	Best Western
3	M	July 20	9:00 am – 4:30 pm	Relationships & Connecting	Familylinks
4	TH	July 23	9:00 am – 4:30 pm	Ethics	Familylinks
5	T	July 28	9:00 am – 4:30 pm	The Therapeutic Milieu	Familylinks
6	TH	August 6	9:00 am – 4:30 pm	Motivational Enhancement Therapy	Best Western
7	M	August 10	9:00 am – 4:30 pm	Regulatory Bundle	Familylinks
8	M	August 17	9:00 am – 4:30 pm	Managing Feelings	Familylinks
9	F	August 21	9:00 am – 4:30 pm	Residential Care with Traumatized Children	Edinboro
10	T	August 25	9:00 am – 4:30 pm	Knowing the Family	Familylinks
11	M	August 31	9:00 am – 4:30 pm	Understanding Shame & Guilt	Familylinks
12	TH	Sept. 3	9:00 am – 4:30 pm	Adolescent Chemical Dependency	Familylinks
13	W	Sept. 9	9:00 am – 4:30 pm	Gambling Addiction	Familylinks
14	F	Sept. 11	9:00 am – 4:30 pm	Prioritizing Sexual Abuse with AOD Clients	Familylinks
15	M	Sept. 14	9:00 am – 12:15 pm	What is Recovery?	Familylinks
16	M	Sept. 14	1:15pm – 4:30 pm	Treatment & the 12 Steps	Familylinks
17	F	Sept. 18	9:00 am – 4:30 pm	Creative Counseling Techniques	Familylinks
18	T	Sept. 22	9:00 am – 4:30 pm	HIV/AIDS	Familylinks
19	TH	Sept. 24	9:00 am – 4:30 pm	Women in Addiction	Familylinks
20	M	Sept. 28	9:00 am – 4:30 pm	Chemical Dependency & the Family	Best Western
21	W	Sept. 30	9:00 am – 4:30 pm	Drugs of Abuse: A Basic Pharmacology	Familylinks

# SEMINAR SCHEDULE

## 1 Ethical Leadership

July 10, 2009

9:00 am – 4:30 pm

FAMILYLINKS

John Amato, M.Ed.

“Real leaders concentrate on doing the right thing, not on doing things right.” All leaders want to do “things” right. However, the challenge they all face in today’s stressful, uncertain work environment is making sure that they also do the right thing. Their values and ethics are modeled by their behavior on a daily basis to their employees. This seminar will focus on specific ways a leader can assure that they are both doing things right and doing the right thing.

- Identify the impact a leader’s behavior has on the workforce.
- Discuss common ethical dilemmas leaders may face.
- Clarify leadership values and ethics and how they are modeled in our behavior.

## 2 *Leadership Series:* Developing and Sustaining Dynamic Communication

July 14, 2009

9:00 am – 4:30 pm

BEST WESTERN

John Amato, M.Ed.

Leaders, at all levels of an organization, are responsible for communicating effectively to those they lead. The leader must be able to explicitly articulate the vision of their organization and how the work of all employees fit with this vision. Another critical aspect of effective leadership is the critical role the leader plays in using, modeling and instructing employees how to effectively communicate within the team and how to hold all members accountable to sustaining this level of communication.

- Identify workplace situations that are affected by a team’s ability to communicate effectively.
- Identify a variety of communication patterns that enhance and detract from a leader – employee relationship.
- Learn specific methods for gaining commitment from employees to sustain dynamic communication in the workplace.

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## Residential Child Care Series: Relationships & Connecting (Part 1 of 4)

Session 1 - July 20, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Tricia Underwood, M.Ed.

It is essential that child care workers develop the skills necessary to form constructive interpersonal relationships with the children they serve. It is through these relationships that child care workers are more able to influence the behavior of children. Effective communication has a tremendous impact on our ability to develop relationships and work effectively with children. Often working long hours, we spend our days nurturing and worrying about the children in our care; therefore, having self awareness and maintaining professionalism becomes crucial to staying connected to youth.

- Understand the fundamentals of healthy vs. unhealthy attachment.
- Become sensitive to interpersonal skills necessary to initiate and maintain relationships.
- Practice effective communication skills.
- Know the importance of self awareness and professionalism.

4

## Ethics

July 23, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Sheryl Laffey B.S.Ed.

This training will provide an in-depth examination of the ethical issues involved in providing quality treatment across a broad spectrum of clinical settings, including chemical dependency, mental health and child welfare. In addition to providing explanations for the principle of ethical conduct, this session will offer ideas and methods for guiding and integrating ethical conduct in daily practice. Participants are encouraged to bring ethical problems associated with the workplace to the training for discussion and theoretical resolution.

- Explore how values and life experiences affect the therapeutic process.
- Examine the rights and responsibilities of both the client and the helper.
- Understand the concept of informed consent.
- Become familiar with several professional Codes of Ethics.

### CANCELLATION/NO SHOW POLICY

Cancellations must be received 48 hours prior to the training in order to receive a refund. Cancellations made less than 48 hours from the training or those who “no show” will receive a credit to future trainings, but will not be eligible for a refund.

### ATTENDANCE POLICY

All training events will begin promptly at the designated time. Participants who arrive more than 15 minutes late will not be eligible to receive credit for attendance or any CEU's associated with the training event. We encourage participants to plan arrival 15 minutes before the scheduled start of the training event.

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## **Residential Child Care Series: The Therapeutic Milieu (Part 2 of 4)**

**Session 2 - July 28, 2009****9:00 am – 4:30 pm****FAMILYLINKS****Tricia Underwood, M.Ed.**

Think of the therapeutic milieu as the “circle of care” created, almost artificially, to care for the children and to act as an “extended family.” Those who work most directly with youngsters in care are often in the best position to take advantage of daily living events as an opportunity to teach children a better way of managing life’s challenges. It is through positive adult role models who provide a safe and protective environment with routines and consistency that a child best grows and learns and changes.

- Come to appreciate the importance of creating a “protective” environment for children in care.
- Learn the importance of predictable routines and thoughtful transitions.
- Understand the power of the group.
- Learn the difference between discipline and punishment.
- Identify key factors to successful activity planning.

**6**

## **Motivational Enhancement Therapy**

**August 6, 2009****9:00 am – 4:30 pm****BEST WESTERN****John Amato, M.Ed.**

Motivational Enhancement Therapy (MET) is a systematic intervention approach for evoking change. It is based on principles of motivational psychology and is designed to produce rapid, internally-motivated change. This treatment strategy does not attempt to guide and train the client step by step through recovery, but instead employs motivational strategies to mobilize the client’s resources.

- Learn the basic principles of MET.
- Explore differences in MET and traditional ways of chemical dependency treatment.
- Learn the Transtheoretical Model of Change.
- Develop strategies to incorporate MET in work with clients.

**7**

## **Regulatory Bundle**

**August 10, 2009****9:00 am – 4:30 pm****FAMILYLINKS****Tricia Underwood, M.Ed.**

This presentation explores three areas related to adolescents and to programs that are regulated by The Department of Public Welfare 3800 regulations.

- Develop an understanding of the basic theory of Adolescent Development and the impact it has on behavior.
- Increase an understanding of the nature of Adolescent Suicide and effective assessment skills.
- Learn what the Child Protective Service Law is for Pennsylvania and what is required of those who work with youth.

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## Residential Child Care Series: Managing Feelings (Part 3 of 4)

Session 3 - August 17, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Tricia Underwood, M.Ed.

Children in residential care often struggle with overwhelming feelings of loss & abandonment as well as shame and anger. These are powerful feelings that should not be ignored. When something is taken away from us or when we are taken away from someone to whom we are attached to (even if in unhealthy ways) we feel loss. Feelings of grief and loss lead to behaviors which can be harmful to the child or to others when they lead to anger and rage. Often the underlying feeling of a child's behavior is shame from their experience of abuse and neglect.

- Learning the stages of grieving.
- Understand the impact of loss on feelings and behaviors.
- Appreciate the value of allowing the child to express rage.

## 9 Residential Care with Traumatized Children

August 21, 2009

9:00 am – 4:30 pm

EDINBORO

Tricia Underwood, M.Ed.

Sexual violence interrupts growth and development, creates fear and mistrust, and grooms children and adolescents to be future victims. This training is designed to assist professionals who work with children and adolescents in a residential setting to create supportive, healing relationships that minimize the potential for re-traumatization in the facility and maximize the possibility of self-disclosure and healing.

- Understand what happens to children whose abuse goes untreated/unnoticed.
- Understand the psychobiology of trauma and the long term effects it has on growth and development.
- Explore behavioral/emotions/physical indicators of abuse.
- Understand the importance of the healing relationship.

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## Residential Child Care Series: Knowing the Family (Part 4 of 4)

Session 4 - August 25, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Tricia Underwood, M.Ed.

Working with children in our care should mean working with the families too. This is increasingly more difficult when a child enters residential placement. Adding to the difficulty is that the families are often struggling with abuse, neglect & addiction. To help the child we must successfully connect with the family; therefore, it is necessary to empathize with their circumstances and learn strategies to intervene.

- Understand the characteristics of the family system and how they will affect interactions between the staff, the child and the family.
- Learn about the long term effects of abuse on a child.
- Discuss the distribution of power as is occurs in the family & in the residential facility.
- Explore ways to partner with and/or set boundaries with reluctant, distant or abusive families.

## 11 Understanding Shame & Guilt

August 31, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Tricia Underwood, M.Ed.

Shame is a deep-seated feeling of worthlessness that can prevent people from working for positive change in their lives. Shame can also lead to other types of behavior, many of which serve little or no constructive role. People cope with shame in many ways. However, few get at the actual source of the emotion.

- Learn four major differences between shame and guilt.
- Understand the characteristics and consequences of shame.
- Explore the roots of shame and the impact it has on individual feelings and needs.
- Examine strategies that promote healing from shame.

## 12 Adolescent Chemical Dependency

September 3, 2009

9:00 am – 4:30 pm

FAMILYLINKS

John Amato, M.Ed.

We learn most of what we know about chemical dependency from studying and working with adults. Much of this information is relevant to teenage addiction. There are, however, critical differences that we must understand before we can help youth who are experiencing chemical abuse problems.

- Learn how chemical abuse impacts teens differently than adults.
- Identify specific intervention strategies.
- Examine intervention with adolescents as a re-education process.

## 13 Gambling Addiction

September 9, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Theresa Edwards, M.S.W.

Gambling is risking something you do have for something you do not, when the outcome is uncertain. Most people who gamble can do so recreationally. However, about 3% of those people will develop a problem with this activity. This training will provide participants with an overview of gambling addiction and how to begin treatment.

- Differentiate ways gambling addiction treatment differs from substance abuse treatment.
- Identify effective screening and assessment tools.
- Learn a variety of treatment strategies.

Understanding is the first step to acceptance, and only with acceptance can there be recovery.”

Joanne Kathleen Rowling

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## Prioritizing Sexual Abuse with AOD Clients

September 11, 2009

9:00 am – 4:30 pm

FAMILYLINKS

Tricia Underwood, M.Ed.

Sexual abuse and chemical dependency frequently co-occur. Sexual abuse often becomes an issue early in chemical dependency treatment. Some people continue to relapse because of unaddressed sexual abuse while others use their sexual abuse issues to avoid addressing their chemical dependency issues. Still yet, others cannot begin to explore sexual abuse issues until their recovery from chemically dependency is firmly established. This workshop answers the questions how? when? and why? to address sexual abuse issues during chemical dependency treatment.

- Prioritize addressing sexual abuse with the chemical dependency client.
- Identify when a client use SA issues as a shield.
- Apply strategies and skills in assisting clients in dealing effectively with both chemical dependency and sexual abuse.
- Develop resources for referral.

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## What is Recovery?

September 14, 2009

9:00 am – 12:15 pm

FAMILYLINKS

Sheryl Laffey, B.S.Ed.

Treatment is an event; recovery is an on-going process. Through didactic and experiential activities, this seminar serves to assist clinicians in understanding the recovery process.

- Recognize the differences between treatment and recovery.
- Understand how treatment/therapy assists the recovery process.
- Know and understand the stages of recovery.
- Learn how to utilize “stuck points” to facilitate growth.

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## Treatment & the 12 Steps

September 14, 2009

1:15pm – 4:30 pm

FAMILYLINKS

Sheryl Laffey, B.S.Ed.

Involvement in 12-step recovery continues to be the recommendation for maintaining abstinence and developing a new way of life. There are many 12-step programs available. Where do you send your client? Why? This training explores the differences in 12-step programs and enhances understanding of the “tools of recovery.”

- Know which 12-step programs are available and active locally.
- Develop a basic understanding of the 12 steps and 12 traditions.
- Develop a basic understanding of the “tools of recovery.”
- Understand how to incorporate this knowledge into the clinical setting.

## 17 Creative Counseling Techniques

September 18, 2009

9:00 am – 4:30 pm

### FAMILYLINKS

John Amato, M.Ed.

This workshop will introduce participants to a variety of creative counseling techniques. This highly interactive session will provide a variety of examples for various types of treatment settings.

- Understand the value of using creative techniques to maximize client response.
- Develop structured, experiential exercises for individual, family and group sessions.
- Learn techniques that correspond to different styles of learning.
- Increase confidence in using a variety of creative strategies.

## 18 HIV/AIDS

September 22, 2009

9:00 am – 4:30 pm

### FAMILYLINKS

De'Netta Benjamin, L.S.W.

Participants will gain knowledge of HIV and AIDS and learn modes of transmission for HIV (specifically with complications around using drugs and alcohol).

- Understand risk reduction methods and how to improve client centered behavior change.
- Challenge their own issues around HIV and AIDS and beliefs about those who are infected.
- Discuss a personal perspective with someone who is living with the virus and will provide candid responses to questions.

## 19 Women in Addiction

September 24, 2009

9:00 am – 4:30 pm

### FAMILYLINKS

Gretchen Luchs, M.A. and Paula Kassouf, B.A.S.W., C.A.C., C.C.D.P.

This workshop will enhance understanding to those providing services to addicted women. We will discuss myths and issues surrounding women and addiction and specific needs of this population. Effective strategies for addressing these needs will be explored. Focus will include barriers to treatment as well as barriers to committing to recovery after treatment.

- Understand treatment issues that are unique to substance abusing women.
- Identify barriers to treatment and recovery for women.
- Examine strategies for addressing women's issues.
- Explore personal biases that impact the therapeutic process.

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## Chemical Dependency & the Family

September 28, 2009

9:00 am – 4:30 pm

BEST WESTERN

Tricia Underwood, M.Ed.

This workshop will focus on the problems of high-risk families, particularly those with addiction or co-dependent patterns. A systems perspective will be presented to demonstrate how to assist family members become more responsive to their own needs and less enabling to the self-defeating behaviors of the addict.

- Understand the impact of addiction on family interaction patterns.
- Learn to recognize enabling behavior.
- Learn indicators of family growth and positive changes in interaction patterns.

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## Drugs of Abuse: A Basic Pharmacology

September 30, 2009

9:00 am – 4:30 pm

FAMILYLINKS

John Amato, M.Ed.

This seminar provides a fundamental, practical understanding of the common characteristics of drugs, their physiological and psychological effects, and long-term problems that occur from abuse.

- Learn basic concepts in the study of drugs and their effects.
- Increase understanding of the impact chemicals have on behaviors.
- Understand the basic pharmacology of common drugs of abuse.

Sobriety is a journey...  
Of broken dreams....Renewed  
Of withered faith...Revived  
Of self esteem...Reborn.

It is a road not walked alone,  
but in the company of many,  
Where tears are understood,  
Pain -- an avenue to freedom,  
And fear an accepted response.

It is a way of life...  
Where the gift encountered  
Is hope.

-E.V. Stankowski

## Contributing Trainers

### **De'netta Benjamin, L.S.W., Senior Program Manager, Familylinks**

De'netta has ten years experience in the social service field and has worked with diverse populations. Her previous experience includes program manager and clinical supervisor of AOD programs. She also has experience with providing dual diagnosis treatment. De'netta is a trained HIV counselor and provides HIV testing and education throughout Familylinks AOD programs.

### **Theresa Edwards, M.S.W., Therapist, Familylinks**

Theresa received her MSW from the University of Pittsburgh in 2005. She worked as a therapist for two years at UPMC/WPIC Living Sober Detox/Rehab unit. She currently works at Familylinks, Family Treatment Center as a clinical therapist. During the past year, Theresa successfully obtained her certification as a national gambling counselor. She also has attended a statewide conference from the Council on Compulsive Gambling of Pennsylvania in Harrisburg, where she completed an additional 30 hours of advanced, Level 2 training from the National Council on Problem Gambling.

### **Paula Kassouf BASW CAC CCDP, Program Manager, Familylinks**

Paula has over 10 years experience working with both dually diagnosed and addicted women and their families. Her experience includes both inpatient and outpatient AOD treatment as a Teacher Counselor, Clinical Therapist, Clinical Coordinator and Program Manager. She is credentialed through the Pennsylvania Certification Board and holds both a CAC and a CCDP. Paula is also trained as a certified HIV prevention counselor.

### **Sheryl Laffey, B.S.Ed., Program Manager, POWER**

Sheryl has been providing treatment and education to people seeking recovery from addiction, incarcerated individuals, and at-risk youths for over 15 years. Having earned a B.S.Ed. and a teaching certificate in 1987, she is skilled in curriculum development and presentation. Sheryl is a PA Certified Addictions Counselor and has provided a broad spectrum of addiction treatment in both inpatient and outpatient settings.

### **Gretchen Luchs, M.A., Clinical Supervisor, FamilyLinks**

Gretchen has over 20 years of experience in the addictions recovery field across a range of populations and settings. Her experience includes extensive work with addictive family systems, sexual addiction and dual diagnosis. She currently serves as the Clinical Supervisor in FamilyLinks Family Treatment Centers.

# TRAINING LOCATIONS

## **FAMILYLINKS**

250 SHADY AVENUE  
PITTSBURGH, PA 15206  
DEBORAH MURPHY  
(412) 924-0115

### **From the North:**

Take I-79 South toward Pittsburgh. Keep left to take I-279 South via exit 72 toward Pittsburgh. Merge onto I-579 South via exit 8A toward Veterans Bridge. Take the 6th Ave. exit.

Take the ramp toward Mellon Arena. Turn left onto bigelow blvd. Turn left onto baum blvd/pa-380.

Turn right onto pa-380 e/penn cir w . Turn left onto penn cir s/ pa-380 e. Turn right onto penn ave/ pa-380. Turn right onto shady ave. End at 250 Shady Ave

### **From the South:**

Take I-79 North toward Pittsburgh. Merge onto I-279 North/US-22 East/US-30 East via exit 59A toward Pittsburgh. Merge onto I-376 East/US-22 East/US-30 East via exit 6A toward Monroeville. Take exit 2A/ Forbes Ave. toward Oakland. Turn slight right onto S. Bellefield Ave. Turn right onto 5th Ave. Turn left onto Shady Ave.

(Familylinks continued)

PA Turnpike East or West:  
Begin on the Pennsylvania Turnpike Pittsburgh/exits 226-2. Merge onto I-376 West/US-22 West via exit 57 toward Pittsburgh. Merge onto PA-8 North via exit 8B toward Willkingsburg. Stay straight to go onto Penn Ave./PA-380. Turn left onto Shady Ave.

## **BEST WESTERN PARKWAY CENTER INN**

875 GREENTREE ROAD,  
PITTSBURGH, PA, 15220,  
(412) 922-7070

From Interstate 79 - Take Interstate 279 South to Pittsburgh exit. Follow Interstate 279 North to Exit #4A (Greentree/Mt. Lebanon). At the top of the exit, turn left onto Greentree Road and go three lights, then turn right onto Parkway Center Drive. The Best Western Parkway Center Inn is on the left.

From: The PA Turnpike & East: Take the Pittsburgh/Monroeville exit. Follow I-376 West to Pittsburgh. I-376 turns into Interstate 279 South, follow I-279 South/ Airport signs across Fort Pitt Bridge through Fort Pitt tunnel. One half mile from tunnel take Exit #4B (Parkway Center Drive). The Best Western Parkway Center Inn is on the right at the end of the ramp.

## **EDINBORO**

THE NORTHWEST TRI-COUNTY

INTERMEDIATE UNIT

252 WATERFORD STREET

EDINBORO, PA 16412

814-734-5610

### **Route I-79 South from Erie:**

Take Exit 166 (Edinboro/Albion);  
turn left after stop onto US 6N East.

Follow 6N East through Edinboro  
(approximately 2-3 miles).

Approximately  $\frac{1}{4}$  mile past the  
second light you will see the  
Northwest Tri-County Intermediate  
Unit sign on the right.

### **Route I-79 North from Points South:**

Take Exit 166 (Edinboro/Albion);  
turn right onto US 6N East.

Follow 6N East through Edinboro  
(approximately 2-3 miles).

Approximately  $\frac{1}{4}$  mile past the  
second light you will see the  
Northwest Tri-County Intermediate  
Unit sign on the right.

### **Route I-80 or Turnpike from points Southeast:**

Take I-79 N off Route I-80 or Turnpike.

Proceed north on I-79 to

Exit 166 (Edinboro/Albion);  
turn right onto US 6N East. Follow

6N East through Edinboro  
(approximately 2-3 miles).

Approximately  $\frac{1}{4}$  mile past the  
second light you will see the Northwest  
Tri-County Intermediate Unit sign  
on the right.

## IMPORTANT REGISTRATION INFORMATION

### BY E-MAIL

We strongly encourage you to register by e-mail to: [dmurphy@familylinks.org](mailto:dmurphy@familylinks.org).

Please include the following:

- course number
- attendees names
- agency name
- address
- contact person

### BY MAIL

You may register by mail using the registration form on the next page. If you have any questions regarding the registration fees, want to register for seminars by phone, or want to obtain information about our seminars, call: Deborah Murphy at (412) 924-0115.

### GROUP RATES

Any organization that registers three or more people for the same full-day training will receive \$5.00 off the registration fee for each.

### CONTINUING EDUCATION CREDITS

We are pleased to offer the following Continuing Education Credits:

- PA Certification Board (PCB) credits
- PA Act 48 hours
- LSW credits approved by the PA Social Work Board

## Familylinks Training and Consultation Staff

### John Amato, M.Ed., Director

John has over 25 years of clinical, managerial and training experience in social services. He is a certified trainer for PA Child Welfare Competency-Based Training Programs. John has delivered hundreds of workshops and has provided consultation in the areas of management, chemical dependency and recovery and at-risk youth related issues.

### Tricia Underwood, M.Ed., Trainer

For almost 15 years Tricia has worked with adult and teenaged clients in a variety of settings including drug & alcohol, MH/MR, behavioral treatment, and with survivors of sexual and domestic violence. For the past 8 years Tricia has developed and facilitated trainings for professionals working in these fields. As a classroom teacher, Tricia taught students in a social/emotional support classroom. Her Masters degree in Deaf Education is from the University of Pittsburgh.

### Deborah Murphy, B.A., Training Coordinator

With over 20 years of experience in social service administration, Deborah manages the operations and logistics of the department. She is your first point-of-contact concerning training products and services.





Familylinks

250 Shady Avenue Pittsburgh, PA 15206

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CREATIVITY • INTEGRITY • AMBITION

Behavioral Health Services +  
Education and Community Services +  
Youth and Family Services +